

EASTERN SHORE EMERGENCY MEDICAL SERVICES COUNCIL

A sub-area council of the Tidewater EMS Council, Inc.

Critical Incident Stress Management Team Minutes

February 12, 2008

Attendance:

Hollye Carpenter
Diane Crockett
Troy Justis
Pat Kellam
Deborah Linnell
Peter Stinson
Peggy Swan

Minutes prepared by Hollye Carpenter

Introduction:

- Team membership applications are now on file for Troy Justis, Tana Parker and Candi Read. Interviews need to be scheduled.
- A majority of the old team members took their basic training well over 5 years ago. Peter offered to provide a 2 day peer class. He will provide available dates.
- The VaCISM conference is scheduled for May 27 – 31 in Virginia Beach. Additional info will be out soon.
- Team member are eligible for reimbursement of travel expenses through TEMS.

Intervention Review:

Peter reviewed the following topics discussed at last weeks Tidewater meeting:

- ❖ Intrusive Images
- ❖ Education offering needed in the basic EMT and fire fighter classes; 1 – 4 hours; a canned power point presentation is available from several Tidewater team members
- ❖ AAOS student book titled “Managing Stress”
- ❖ Strength of CISM in peer one on ones
- ❖ Confidentiality issues among participants
- ❖ Sick out on next shift following traumatic event
- ❖ Access to member page on TEMS CISM website
- ❖ Reports should be generated for All peer one on ones (tracks activity, jogs memory of incident)
- ❖ Preplanning needed for each group intervention, which should be peer driven with questions assigned; mental health should handle reentry phase
- ❖ Ratio of members to participants should be no more or less than 1 to 5 or 6
- ❖ Follow-up needs to be done with participants

Other Business:

- Suffolk Mini-Symposium – April 24 – 27, 2008; raffle to benefit CISM team; need door prizes and raffle items

- 2008 VaEMS Symposium – November 12 – 16, 2006 in Norfolk; need help manning CISM booth
- With our increase in team members, the potential exists to establish a rotating call schedule; use of TEMS crisis line and office contact could be used for ES team activation
- 2 membership lists exist (roster w/schedule and roster w/addresses & phone numbers); these can be accessed on through the TEMS CISM member page
- Additional CISM info is available at temscism.wikispaces.com and cism.wikispaces.com
- The TEMS CISM team party will be held on August 5th, 2008
- All team members are required to attend 2 team meetings per year
- In-services will be offered June 7th and December 2nd; more information later

The next Eastern Shore Critical Incident Stress Management Team
will be held on May 13th, 2008 at 1900 hours
at the NCEMS office in Machipongo.