

# EASTERN SHORE EMERGENCY MEDICAL SERVICES COUNCIL

*A sub-area council of the Tidewater EMS Council, Inc.*

Critical Incident Stress Management Team Minutes  
July 15, 2008

## Attendance:

Hollye Carpenter
Troy Justis
Pat Kellam
Deborah Linnell
Wanda Marks
Tana Parker
Sherry Sharpe
Peggy Swan
Cathy Ulrich
Roger Kennedy (guest)

Minutes prepared by Hollye Carpenter

## Team Business:

- ❖ Jim Wenzel of Greenbackville, was interviewed earlier this evening and accepted to the team.
- ❖ A rotating schedule, prepared by Heidi Hilchey was presented and adopted with several changes. The role of the PIC and the mental health worker was discussed.
- ❖ Scheduling of a Basic Peer and Group training course on the Shore is still in the works. Tentatively we are on for the weekend of August 8<sup>th</sup>, 2008. D. Linnell stated she would be interested in assisting with this class.
- ❖ All agreed an educational program was needed to be offered in EMT, Fire-fighter, CERT and fire/EMS department meeting. H. Carpenter will be working with TEMS CISM members on procuring a program. T. Justis and W. Marks offered to assist in teaching these programs.
- ❖ Are there CISM brochures for distribution to fire/EMS stations, police departments, etc? We do have posters, which H. Carpenter will prepare for distribution.
- ❖ Can ICSF classes be offered to the community through ESCC?
- ❖ The TEMS CISM appreciation dinner will be held August 5<sup>th</sup>. All members are encouraged to attend.
- ❖ The TEMS Family Awards Picnic will be held July 27<sup>th</sup>. All members are encouraged to attend.
- ❖ Members discussed the procurement, by the Eastern Shore EMS Council, of a polo shirt for each team member. The following was agreed upon:
  - Indigo color polo shirt
  - Yellow lettering
  - "Virginia's Eastern Shore" over the CISM logo with "Critical Incident Stress Management" under the logo.
- Team Goals:
  - Training
  - Education for police, fire and EMS on use of team → with outreach presentations @ ESEMESC meeting, fire/rescue commissions, ANFA
- Team members agreed every member should recertify their peer and group training every five (5) years.

## Intervention Review:

- ❖ Since last meeting the team has conducted two (2) debriefings and one (1) defusing.
- ❖ Each was deemed a success with several contributing factors which included strong peers, participant comfort and team effort.

The next Eastern Shore Critical Incident Stress Management Team  
will be held on October 21<sup>st</sup>, 2008 at 1900 hours  
at the NCEMS office in Machipongo  
A group picture will be taken for the local newspapers.